

Adolescent Chemical Dependency Treatment Referral and Resource Guide

Revised December 2009



Children don't care how much you know, until they know how much you care.

For help in placing youth, or updates for services, contact:

- | | | |
|--------------------|--|----------------|
| • Eric Larson | DBHR Regions One and Two Treatment Manager | (509) 225-6232 |
| • MeLinda Trujillo | DBHR Region Three Treatment Manager | (360) 658-6862 |
| • Bob Leonard | DBHR Region Four Treatment Manager | (206) 272-2188 |
| • Steve Brown | DBHR Region Five Treatment Manager | (253) 476-7058 |
| • Ruth Leonard | DBHR Region Six Treatment Manager | (360) 725-3742 |
| • Tina Burrell | DBHR Youth Treatment Systems Manager | (360) 725-3796 |

For Assistance with Pregnant Adolescents:

- | | | |
|-------------|------------------------------|----------------|
| • Sue Green | DBHR Family Services Manager | (360) 725-3732 |
|-------------|------------------------------|----------------|

Alcohol/Drug Help Line: (206) 722-4222 (Seattle) or toll-free: 800-562-1240. To find youth bed openings online:
<http://www.theteenline.org/>



Washington State
Department of Social
& Health Services

DBHR Division of Behavioral
Health and Recovery

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Youth Treatment Services

Continuum of Care

MISSION STATEMENT

Youth services will be provided in a culturally relevant environment and in a culturally sensitive manner, which respects the diversity of the targeted population. Youth treatment services will:

- Be responsive to low-income, indigent youth and families who are in need of a community-based continuum of care.
- Be provided in a manner which reduces barriers and increases access, engagement, retention, and completion.
- Foster collaboration and community responsiveness at all levels of care, with other state agencies, including the Division of Children and Family Services (DCFS), Juvenile Rehabilitation Administration (JRA), and Regional Support Networks (RSNs).
- Be coordinated to reduce eligibility, financial, and clinical barriers to treatment resources.
- Ensure that family members and other significant adults in the lives of the youth we serve are welcomed, encouraged, and assisted in participating in the treatment, no matter how difficult or complicated the issues faced by the family.

Introduction

This is a resource guide to youth treatment services contracted by the Department of Social and Health Services (DSHS) - Division of Behavioral Health and Recovery (DBHR). The guide will clarify terms and definitions and provide instructions to refer youth to outpatient or residential treatment services.

The goals of DBHR-contracted youth chemical dependency treatment are to provide each adolescent and his/her family with a structured, age-appropriate program, which includes, but is not limited to:

- a. Abstinence from alcohol and other drugs.
- b. Ancillary treatment services to family members, which may include birth, adoptive, foster parents, and other caring adults and youth.
- c. Comprehensive assessment of the youth's drug and alcohol use, his/her family and other support systems, school involvement, and other high risk behavior, including suicide risk, HIV/AIDS Brief Risk Assessment, etc.
- d. An assessment of adolescent development, including level of maturation, emotional stability and functioning, educational history, and learning ability.

Treatment should be provided which respects and addresses the age, gender, language, culture, ethnicity, and sexual orientation of participants and their family members.

DEFINITION AND REQUIREMENTS OF TREATMENT SERVICES

DBHR Certification: Certification is approval of a chemical dependency treatment program by DBHR. Certification of a program signifies that the program meets certain minimum standards as outlined in Washington Administrative Code (WAC) 388-805 includes a number of important references to youth counselors, outpatient and residential treatment, and treatment in schools.

Youth Contract Requirements: State certified outpatient and residential treatment programs have, as part of their contracts, specific guidelines for the treatment of youth, including specific assessment and counseling requirements, staffing ratios, reporting and referral requirements, etc. For specific information regarding these contract requirements, contact your County Alcohol and Drug

Coordinator, DBHR Regional Administrator, Regional Treatment Manager, or the DBHR Youth Treatment Services Manager.

Assessment: A thorough, multidimensional, individualized interview performed by a chemical dependency professional (CDP) to determine appropriateness for adolescent chemical dependency treatment. Either outpatient or residential treatment providers may conduct assessments. Often, agencies may use a standardized, adolescent-specific chemical dependency assessment tool, such as the Personal Experience Inventory (PEI), or the Client Substance Abuse Index (CSI), or Global Assessment of Individual Need (GAIN) or other appropriate tools.

In compliance with Revised Code of Washington (RCW) 70.155.080 youth are prohibited from possessing tobacco products while participating in treatment services.

DBHR has developed a useful **Youth Assessment/Diagnosis** tool that meets all WAC, American Society of Addiction Medicine (ASAM), and Diagnostic Statistical Manual (DSM) IV requirements. Contact Ruth Leonard at (360) 725-3742 for copies.

An assessment should include:

- a. An alcohol and drug use history.
- b. A family use pattern and addiction history.
- c. A description and assessment of existing support systems, including family and peer relationships and school involvement, and an assessment of high risk behaviors, including suicide risk evaluation and an HIV/AIDS Brief Risk Evaluation.
- d. An assessment of adolescent development, including level of maturation, emotional stability and functioning, educational history, and learning ability.

ADOLESCENT OUTPATIENT SERVICES

A. *Outpatient Treatment*

A state certified non-residential program, which provides chemical dependency assessments and an alcohol/drug-free counseling program for adolescents and young adults ages ten (10) through 17. Young adults ages 18 -20 may be served in youth agencies if appropriate. Collateral and family support services may also be provided to family members of youth clients. Clients under the age of ten (10) may be served with the approval of the DBHR contract manager. Outpatient treatment programs for adolescents are designed to diagnose, stabilize, counsel, and build family and social support systems, which promote abstinence and growth. Youth outpatient services shall include treatment appropriate for misuse of alcohol and other drugs, in addition to treatment for addiction.

DBHR-funded youth outpatient services are funded through counties. A list of all these programs is located on **pages 13 - 20** of this booklet.

B. *Outreach Services (contracted services with certified agencies)*

Defined as initiating discussion with youth regarding alcohol and other drugs, possible consequences of usage, and education and information about services and resources for individuals affected by their own substance abuse or chemical dependency, or by that of significant people in their lives. Youth outreach services may include outreach to youth in schools, Division of Children and Family Services (DCFS), Juvenile Rehabilitation Administration (JRA), Juvenile Courts, or referred by agencies or individuals concerned about children.

C. Group Care Enhancement Program

DBHR funds a number of counties which contract with adolescent alcohol and drug treatment agencies to outstation certified counselors in residential agencies serving youth who are placed by the child welfare, juvenile justice, and mental health systems. The goals of the program are to deliver chemical dependency treatment and prevention services at facilities already housing youth and to integrate those services in the overall treatment culture of each facility.

The counselors provide a mix of services that vary by facility. A menu of alcohol and drug services covered includes assessment, individual and group treatment, Alcohol, Tobacco and Other Drugs (ATOD) prevention/education, in-service training for residential staff, and case consultation. The service is available in a number of youth serving facilities throughout the state.

For information about the Group Care Enhancement Services, contact Ella Hanks at (509)225-6196.

DESCRIPTIONS OF ADOLESCENT DETOX AND RESIDENTIAL TREATMENT SERVICES

A DBHR certified and state licensed residential facility, which is voluntary, alcohol and drug-free, designed for youth, and supports abstinence from alcohol and other drugs. Family and significant other treatment is included, as well as relapse and long-term recovery education and counseling. Individual programs may provide, depending upon the level of care (outlined in this section), more intensive therapeutic interventions and services. Some residential facilities treating youth may be a part of a program, which also treats adults. DBHR-contracted youth providers must comply with safeguards for the treatment of youth, which include separate and distinct sleeping room assignments, and specific developmentally appropriate programming.

The county contracted youth providers may conduct assessments to determine clinical eligibility for residential services, by DBHR-funded residential facilities. The treatment descriptions listed in this section are meant to be brief overviews.

For more details on levels of care, contact the DBHR Youth Services Lead, Tina Burrell at (360) 725-3796. DBHR-funded **residential, detox, and treatment services** are funded directly from DBHR to individual providers. A list of these providers is located in the DBHR Directory of Chemical Dependency Treatment Services in Washington State – DBHR’s “Provider Directory.”

<http://www1.dshs.wa.gov/DBHR/services/certification/GB.shtml>

Financial assistance is available to those youth and families who qualify for residential treatment for the reimbursement of mileage and lodging associated with attendance at a DBHR-funded residential facility. See section on **Transportation Assistance/Family Hardship Program** on **Page 11** of this booklet.

Taking into consideration the results of an assessment using ASAM makes determination of the need for inpatient treatment. The assessment process would include information regarding the safety of the minor, the likelihood of deterioration of the minors’ recovery if released and information received from collateral sources such as the parents, the patients’ referral, probation, school, etc.

A. Youth Detoxification/Crisis Stabilization Services

The purpose of the Detoxification and Crisis Stabilization Services for youth is to provide a safe, temporary, protective environment for at-risk/runaway youth who are experiencing harmful effects of intoxication and/or withdrawal from alcohol and other drugs, in conjunction with emotional and behavioral crisis, including co-existing or undetermined mental health symptomology. The Detoxification/Crisis Stabilization service will address the needs of and

treatment outcomes for youth who need chemical dependency and other treatment services but who may not be able to access these services due to acute intoxication and medical, psychological, and behavioral problems associated with their alcohol/drug use. Detox services are considered residential treatment. See Age of Consent Section.

Detoxification/Crisis Stabilization Services are available to youth, ages 13 - 17, which are:

1. Experiencing harmful intoxication substance-induced disorders and/or withdrawal from alcohol/other drugs.
2. Experiencing an episode of clear and present danger to harm self/others due to alcohol/drug intoxication and/or withdrawal, with associated emotional and behavioral problems.
3. Experiencing co-existing or undetermined mental health symptomatology, which need detoxification in order to make accurate assessment of treatment needs.

Youth under the age 13 or over age 17 may be served, based on clinical need and availability of age-appropriate services.

B. Level I Youth Basic Residential Treatment

Youth appropriate for this level of care include: Those ages 13 through 17 who evidence cognitive development of at least 11 years of age, have a primary diagnosis of chemical dependency, and require less clinical supervision and behavior management. A chemical dependency professional (CDP) will conduct a clinical assessment to participants, age 12 and younger, or age 18, 19, or 20, to determine their appropriateness for youth treatment. In some cases, referral of an 18 year old to adult Alcoholism and Drug Addiction Treatment and Support Act (ADATSA) services may be appropriate.

Generally speaking, youth participants in Level I will not necessarily require intensive therapeutic intervention for other disorders, such as mental disorders or aggressive behavior, as part of primary chemical dependency treatment.

Length of stay is variable, based on clinical needs and program design. Maximum stay is 60 days, with exceptions for longer stays if clinically indicated.

Level I programs may admit youth that meet some of the clinical characteristics of a Level II-type client, if the decision is based on clinical assessment and program ability to meet the needs of the youth and their family.

C. Level II Youth Intensive Residential Treatment

Youth appropriate for this level of care include: Those ages 13 through 17 who meet the criteria for being both chemically dependent **and** with the symptoms of a mental health diagnosis (or potential diagnosis) requiring concurrent management with the treatment of addiction (e.g., attention deficit-hyperactivity disorder, depression, conduct disorder, etc.) and/or extreme family dysfunction, prior trauma due to emotional, physical, and/or sexual abuse, which may present a major risk of danger to the client and/or others, and high risk to not complete treatment. Participant's age 12 and younger, or ages 18, 19, or 20 may be served with clinical assessment of appropriateness for youth treatment.

Length of stay is variable, but usually will be longer than Level I treatment. Maximum stay may extend to 120 days (expected range is 45 to 90 days). Exceptions to length of stay guidelines may be available with clinical need. Level II programs are required to provide chemical dependency counseling staff trained in areas other than chemical dependency, such as developmental issues, abuse, anger, aggression, and behavior management. They are also required to provide a mental health specialist position, and some form of staff and/or physical security for youth who are at risk to leave treatment against clinical advice. Some Level II programs are locked or are secure facilities. Youth with serious criminal history, history of assaultive behavior, sexual assault, murder, or attempted murder may be refused admission to treatment, but only upon reviewed by DBHR youth program managers.

Level II programs may serve youth who fit the Level I characteristics, but Level II clients will have assessment and admission priority.

D. Youth Recovery House

Youth appropriate for this service include: Those youth ages 13 through 17 who have completed residential chemical dependency treatment and who cannot immediately live with their legal guardians, parents, foster parents, or relatives, or other out-of-home placement. Youth ages 18, 19, or 20 may be served with clinical appropriateness for youth treatment as determined by a CDP. Youth from both Level I and Level II programs may be served in Recovery House Programs. DBHR currently has three recovery houses available for youth completing inpatient treatment.

Recovery House Programs provide adequate structure and supervision, continued treatment emphasis on recovery and abstinence from alcohol and other drugs, and improvement of living skills, including education and employment skills. The programs also provide access to community support systems, and youth participation in age-appropriate activities. The Recovery House Program is an extension of and transition from residential treatment.

E. Secure Treatment

Some Level I and Level II facilities provide interior/exterior security systems to reduce potential for youth running away. Contact Ruth Leonard at (360) 725-3742 for more information.

HOW TO REFER YOUTH TO TREATMENT

Each DBHR-contracted youth provider is responsible for determining a youth's clinical and financial eligibility for treatment at that contracted facility. Those youth who have already been determined to meet Title XIX (Medicaid) and/or have medical coupons will be eligible for DBHR-contracted outpatient and residential services. Income eligibility information may be accessed through the youth provider (*also see section on Early Periodic Screening Diagnosis and Treatment [EPSDT] on Page 10 of this booklet*). Other family resources may be used in combination with DBHR funds if appropriately determined, such as insurance or private pay.

For specific assessment and financial eligibility guidelines for pregnant or postpartum youth, see section titled *Pregnant and Postpartum Adolescents* on **Page 11** of this booklet.

Generally, it is best to refer a youth to an outpatient facility for the initial assessment, although residential facilities will provide assessments for DBHR-eligible youth without cost. The outpatient counselor can ensure that youth who are referred to residential services are referred back to the local outpatient program for continuing care support. Residential facilities will make every attempt to refer youth back to local outpatient services.

Although many youth reluctantly agree to enter treatment, there has been a small percentage of extremely resistant, defiant, runaway, non-offender youth whose parents have not been able to get them into treatment.

With enactment of the **At-Risk Runaway Youth Act**, known as the "**Becca Bill**," state legislators focused attention on a parent's right to provide for the protection of and to establish guidelines for their runaway, out-of-control youth. The "Becca Bill" gives parents additional options for accessing needed services. In support of this legislation, DBHR assists parents of youth with an At-Risk Youth (ARY) petition and those who are being admitted under the Involuntary Treatment Act (ITA). The ARY petition originates with the parent's local office of the DCFS, where a Family Reconciliation Services caseworker will assist the parent in filing the petition with Juvenile Court. *The ARY petition may be a helpful tool if all other avenues to get the youth into treatment have failed.*

Youth who may be experiencing immediate and life threatening consequences of chemical dependency, and who meet the incapacity criteria described in RCW 70.96A.140, may require involuntary commitment. The County Designated Chemical Dependency Specialist initiates the ITA commitment after an investigation and evaluation of specific facts alleging that a youth is incapacitated as a result of chemical dependency (see Appendix I in the DBHR "Greenbook").

BECCA UPDATE

In the 1998 Legislative Session, Substitute Senate Bill 6208 was passed into law. The bill did not change the current laws regarding consent for outpatient and inpatient treatment, although they re-titled them as "voluntary" treatment processes (listed in section "Age of Consent" in this Guide). **The law added new procedures for that which is referred to as "parent-initiated" outpatient and inpatient treatment.**

"Parent initiated" treatment allows a parent to bring a minor child to an outpatient or inpatient treatment provider to have the child assessed for admission, *without the child's consent*. The DBHR At-Risk/Runaway Youth Coordinator will review minors admitted to inpatient programs "without their consent" as to whether they meet "medical necessity" for inpatient treatment.

The new definition of "medical necessity" refers to inpatient care that will "alleviate a chemical dependency, or prevent the worsening of chemical dependency conditions that endanger life, or cause suffering or pain." Minor youth also have the right to petition the court for review of their continued stay in treatment. This and other safeguards will support the treatment of minors who are medically in need of treatment, but who refuse to consent or "volunteer" to be admitted.

In order to assist parents and treatment providers with the intent of all the Becca legislation, DBHR has defined "Becca-type" youth as those who have applied for treatment after going through any of the following processes:

- Parent-initiated admission of a non-consenting youth.
- Youth with At-Risk Youth (ARY) or Child In Need of Services (CHINS) petitions.
- Youth under an Involuntary Treatment Act (ITA) order pursuant to 70.96A.140.
- Youth referred after having been admitted to a DBHR-contracted Youth Detox/Crisis Stabilization bed.
- Youth applying for admission as a "Self-Consent," whose parents are unwilling or unable to provide, consent, and who meet the definition of a CHINS youth.
- Native American youth referred by a tribal court with any of the above legal designations.

The DBHR At-Risk/Runaway Youth Coordinator will continue to assist providers and parents with the prioritization of "Becca-type" referrals to treatment.

For more information about any of the "Becca" legislation, including copies of "DBHR Implementation Guide for Substitute Senate Bill 6208" and to access treatment services, call Ruth Leonard at DBHR, (360) 725-3742.

For Further Information about Youth Treatment Resources Including Assessment, Contact:

- Your local County Alcohol and Drug Coordinator
- Your DBHR Regional Administrator (listed on the inside cover of the "Greenbook").
- The ATeenLine at (206) 722-4222 or Toll Free at 1-877-345-8336 (Washington only).
- Tina Burrell, DBHR Youth Treatment Systems Manager, at (360) 725-3796
- Ruth Leonard, DBHR At-Risk/Runaway Youth Coordinator, at (360) 725-3742.

AGE OF CONSENT FOR YOUTH TREATMENT PROGRAMS

Parental authorization is required for **any** treatment of a minor ***under age 13***.

- ***Outpatient chemical dependency treatment.*** Any person 13 years of age or older may give consent for counseling, care, treatment, or rehabilitation by a treatment program or by any person. Outpatient programs providing treatment to minors 13 years of age or older shall provide notice of the minor's request for treatment to the minor's parents within seven days **if** the minor signs a written consent authorizing the disclosure, **or** the treatment program director determines that the minor lacks capacity to make a rational choice regarding consent disclosure.
- **Residential chemical dependency treatment (includes detoxification services).** Parental consent is required for anyone **under the age of 18**, except that **inpatient** programs can now admit youth without a parental consent if the youth **meets the definition** of a Child in Need of Services. These youth should only be admitted if the youth has been living outside of the family home and the parents are unavailable, unable, or unwilling to provide consent to treatment. Admitting a self-consenting youth is a determination made by the program to which the youth applies, based on information obtained by the program, and the program must document efforts to locate and engage the parents in the treatment process.

If legal custody is held by DSHS, the DSHS caseworker must be contacted to consent to residential chemical dependency treatment.

FAMILY PARTICIPATION

Family participation is encouraged and strongly recommended. A definition of family includes birth, adoptive, foster, stepparent, and marital relationships.

CHILD CARE FOR CHILDREN WITH ADOLESCENT PARENTS IN TREATMENT

Childcare can be provided when youth that are parents participate in treatment. Part-time childcare is available while the parent is in outpatient treatment; 24-hour care may be available when a parent is in residential treatment. For more information, contact Sue Green, DBHR Family Services Manager, at (360) 725-3732.

"If you want us to change the world someday, we at least have to live long enough to grow up!" shouts the child.

EARLY PERIODIC SCREENING, DIAGNOSIS, AND TREATMENT

This is a Title XIX, Medicaid-funded preventative health care program for children and youth up to age 21. Washington State calls its Early Periodic Screening Diagnostic and Treatment (EPSDT) Program "Healthy Kids." In addition to providing for routine health concerns, any needed treatment identified in the EPSDT exam must be provided. For Medicaid youth who are substance-abusing, treatment must be provided if a health care practitioner through the EPSDT/Healthy Kids program identifies the need.

To assure that youth making application for services receive the full benefit of the EPSDT/Healthy Kids program, DBHR-funded youth contractors shall screen each applicant and make referrals as follows:

- a. All youth shall be screened for financial eligibility and referred to the local DSHS Economic and Medical Field Services Office (EMFS), formerly known as the Community Services Office (CSO), for Medicaid/Title XIX eligibility determination if the financial screen so warrants.
- b. Contracted programs shall refer Title XIX eligible youth that have not previously received an EPSDT/Healthy Kids health screen to an EPSDT/Healthy Kids primary health care provider for such services.

MEDICAL COUPONS FOR DBHR-FUNDED YOUTH IN RESIDENTIAL TREATMENT

When possible, youth who are referred to residential treatment, who do not currently have any medical coupons, should be assisted in attaining them **prior** to entering treatment. If coupons for medical assistance are not obtained prior to entering treatment, youth can be assisted by treatment staff upon admission to complete a form that can be mailed to the local DSHS, EMFS office. **To provide the most comprehensive medical and health services for DBHR-funded youth in treatment, contact the local EPSDT screener in your area (see EPSDT section).**

TRANSPORTATION ASSISTANCE/FAMILY HARDSHIP PROGRAM

A program intended to assist families of youth who are clients in DBHR-funded, residential chemical dependency treatment programs, and youth detoxification services. The program will assist families with travel and lodging costs to enable them to fully participate in the family treatment program. Eligibility is based on those families at the lowest income level with the least amount of resources, and who are required to travel more than 50 miles one way to attend treatment activities. Priority is given for travel that is clinically required. Lodging, when required, is also reimbursable. DBHR reimburses residential providers who submit the required A19 form, have hardship funds in the contract and, directly reimburse families. Funds are also available to **outpatient** county-funded youth agencies. Contact the DBHR Regional Administrator for billing and other information.

PREGNANT AND POSTPARTUM ADOLESCENTS

These youth are eligible for all substance abuse treatment services available for the adolescent population in general, as well as some specialized services for pregnant women. Pregnant adolescents who might require detoxification and medical stabilization services are assessed through county Alcoholism and Drug Addiction Treatment and Support Act (ADATSA) Assessment Centers.

Adolescents who require detoxification and medical stabilization services must be determined financially eligible through the local DSHS, EMFS office.

Pregnant adolescents can receive detoxification and medical stabilization in a hospital-based intensive inpatient treatment program. There are presently a number of hospital-based intensive inpatient treatment programs across the state with a program for pregnant women. Some of these programs have specific services for pregnant adolescents. See the following Appendix listings, in DBHR's "Provider Directory," titled: *DBHR-Funded Youth Residential Chemical Dependency Treatment Services (Appendix K)*, *ADATSA Assessment Centers (Appendix G)*, *DBHR Certified Hospitals Providing Intensive Inpatient Care for Chemical Using Pregnant Women (Appendix F)*; *DBHR-Contracted Residential Services for Women and Children (Appendix E)*; and *DBHR-Contracted Housing Support Services For Pregnant and Postpartum Women (Appendix D)*. Or go to the web site for more details: <http://www1.dshs.wa.gov/DBHR/services/certification/GB.shtml>

For more information, contact Sue Green, Family Services Manager, at DBHR, at (360) 725-3732.

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"As of today I have 106 days clean. I'm doing very good and feel the best I ever have in 6 years. Thank you for helping me find recovery and myself. I'm so grateful for you guys. You are awesome! Also, to the girls, even though they probably don't know me. Just say it's from the 1st graduate! Love always, E. P.S. I have finished my GED tests and am going to start community college.

-Note from a pregnant recovery house patient to the inpatient staff member.

**DIVISION OF BEHAVIORAL HEALTH AND RECOVERY
YOUTH OUTPATIENT COUNTY CONTRACTORS**

(Revised 10/27/2009)

ADAMS COUNTY

Community Counseling Services

165 North First, Suite 120
Othello, Washington 99344
(509) 488-5611

ASOTIN COUNTY

Quality Behavioral Health - Clarkston

900 Seventh Street
Clarkston, Washington 99403
(509) 758-3341

BENTON/FRANKLIN COUNTIES

Advocates for Wellness

120 Vista Way
Kennewick, Washington 99336
(509) 783-8833

Somerset Counseling Center

680 Symons Street
Richland, Washington 99352
(509) 942-1624

Unity Counseling

303 North 20th
Pasco, Washington 99352
(509) 547-9545

CHELAN/DOUGLAS COUNTY

Center for Alcohol and Drug Treatment

327 Okanogan Avenue
Wenatchee, Washington 98801
(509) 662-9673

CLALLAM COUNTY

Jamestown S'Klallam Tribal Program

1033 Old Blyn Highway
Sequim, Washington 98382
(360) 681-4625

Klallam Counseling Services

1026 East First Street, Suite 2
Port Angeles, Washington 98362
(360) 452-4432

Makah Chemical Dependency Program

Front Street
Neah Bay, Washington 98357
(360) 645-2461

Olympic Personal Growth Center

390 East Cedar Street
Sequim, Washington 98282
(360) 681-8463

Quileute Counseling and Recovery Services

560 Quileute Heights
PO Box 189
La Push, Washington 98350
(360) 374-4317
Serves Native American Only

True Star Behavioral Health Services

1912 West 18th Street
Port Angeles, Washington 98363
(360) 417-2282

West End Outreach Services (Forks)

Forks Community Hospital
530 Bogachiel Way
Forks, Washington 98331
(360) 374-6177

CLARK COUNTY

Lifeline Connections

Community Drug and Alcohol Center
3305 Main Street, Suite 015
PO Box 1678
Vancouver, Washington 98668
(360) 696-1631

Cowlitz Tribal Treatment-Vancouver Branch

1601 East Fourth Plain Boulevard
Vancouver, Washington 98662
(360) 397-8228
Serves Native American Only

CLARK COUNTY CONTINUED

Community Services Northwest

1601 East Fourth Plain Boulevard
Vancouver, Washington 99328

ESD 112, Vancouver

New Options Program Provides Adolescent Tx

2500 NE 65th Ave.
Vancouver, Washington 98661
(360) 750-7500 x131

COLUMBIA COUNTY

Blue Mountain Counseling

221 E. Washington St
PO Box 30
Dayton, Washington 99328
(509) 382-1164

COWLITZ COUNTY**Cowlitz Tribal Treatment Program**

1055 Ninth Avenue
Longview, Washington 98632
(360)575-8277

ESD 112 New Options Youth Recovery Program

Coweeman Middle School
2000 Allen Street
Kelso, Washington 98626
(360) 501-1765

FERRY COUNTY**Colville Confederated Tribes-Inchelium Branch**

320 Short-Cut Road
Inchelium, Washington 99138
(360) 722-7067

Colville Confederated Tribes-Keller Branch

11669 South Highway 21
Keller, Washington 99140
(360)634-2260

Northeast Washington Alliance Counseling Services (Republic CD Unit)

75 North Keller
Republic, Washington 99166
(509) 775-2958

FRANKLIN COUNTY

(See Benton County listing)

GARFIELD COUNTY**Garfield County Human Services**

856 Main Street
PO Box 758
Pomeroy, Washington 99347
(509) 843-3791

GRANT COUNTY**Grant County Prevention and Recovery Center (PARC)**

840 E. Plum Street
PO Box 1217
Moses Lake, Washington 98837
(509) 765-5402

GRAYS HARBOR COUNTY**Chehalis Tribal Recovery Program**

420 Howanut Drive
PO Box 536
Oakville, Washington 98568
(360) 273-5595

Quinault Indian Nation Treatment Program

116 Quinault Street
Taholah, Washington 98587
(360) 276-8211
Serves Native Americans Only

True North – Thurston ESD #113

104 K Street
Aberdeen, Washington 98520
(360) 533-9749

ISLAND COUNTY**Compass Health – Camano Island**

127 Northeast Camano Drive
Camano Island, Washington 98292
(360) 387-4719

Compass Health – Coupeville

105 Northwest 1st Street
Coupeville, Washington 98239

Compass Health – Oak Harbor

309 Northeast Midway
Oak Harbor, Washington 98277
(360) 679-4525

Phoenix Recovery Services, LLC Island Whidbey Island

31640 SR 20, Suite 1
Oak Harbor, Washington 98
(360) 679-7676

Phoenix Recovery Services, LLC Camano Island

1601 East College Way, Suite A
Mount Vernon, Washington 98273
(360) 848-8437

JEFFERSON COUNTY**Safe Harbor/Beacon of Hope**

686 Lake Street, Suite 400
Port Townsend, Washington 98368
(360) 385-3866

KING COUNTY**Auburn Youth Resources**

816 F Street Southeast
Auburn, Washington 98002
(253) 939-6946

Center for Human Services

17018 - 15th Avenue Northeast
Shoreline, Washington 98155
(206) 631-8831

KING COUNTY CONTINUED**Center for Human Services**

18315 Bothell Way NE
Bothell, Washington 98011
(206)819-1641

Therapeutic Health Services -Central Youth and Family Services

1901 Martin Luther King Jr. Way South
Seattle, Washington 98144
(206) 322-7676

Community Psychiatric Clinic - Belltown

2329 Fourth Avenue
Seattle, Washington 98121
(206) 461-3649

Community Psychiatric Clinic - Bridgeway

3825 Bridgeway North
Seattle, Washington 98103
(206) 632-5009

Community Psychiatric Clinic – Northgate Branch

10501 Meridian Avenue North
Seattle, Washington 98133
(206) 632-5009

Community Psychiatric Clinic – Wallingford Branch

4120 Stone Way North
Seattle, Washington 98103
(206) 632-5009

Consejo Counseling and Referral Services

3808 South Angeline Street
Seattle, Washington 98118
(206) 461-4880

Integrative Counseling Services

150 Nickerson Street, Suite 303
Seattle, Washington 98109
(206) 216 -5000

Kent Youth and Family Services

232 South Second Avenue, #201
Kent, Washington 98032
(253) 859-0300

Muckleshoot Behavioral Health Services

17500 S.E. 392nd Street
Auburn, Washington 98092
(253) 804-8752
Serves Native Americans Only

Northshore Youth and Family Services

20309 NE 185th
Bothell, Washington 98011
(425) 485-6541

Renton Area Youth and Family Services

1025 South Third Street
Renton, Washington 98055
(425) 271-5600

Ruth Dykeman Youth and Family Services

Ruth Dykeman Children's Center
137 SW 154th Street
Burien, Washington 98166
(206) 243-5544

Ryther Child Center

2400 N.E. 95th Street
Seattle, Washington 98115-2499
(206) 525-5050

Ryther Child Center – West Seattle Branch

1725 Southwest Roxbury Street
Seattle, Washington 98106
(206) 766-9789

Snoqualmie Tribe – Raging River Recovery Center

1308 Boalch Ave. NW
North Bend, Washington 98045
(425) 831-5425
Serves Native Americans Only

Therapeutic Health Services – Rainier Branch

5802 Rainier Avenue South
Seattle, Washington 98118
(206) 723-1980

United Indians of all Tribes Foundation (Adolescent Substance Abuse Program)

9010 - 13th Avenue NW
Seattle, Washington 98117
(206) 706-6502

Valley City Counseling and Consultation-Auburn

27041 I Street Northeast
Auburn, WA 98002
(253) 939-4055

Valley Cities Counseling – Federal Way North

33301 – 1st Way South, Suite C-115
Federal Way, Washington 98003
(253) 939-4055

KING COUNTY CONTINUED

Valley City Counseling and Consultation – Kent

325 West Gowe Street
Kent, Washington
(253)939-4055

WAPI Community Services (Owned by Washington Asian Pacific Islander

Families Against Substance Abuse)
606 Maynard Avenue South, Suite 106
Seattle, Washington 98104
(206) 467-1563

Youth Eastside Services - Main Facility

999 – 164th Avenue NE
Bellevue, Washington 98008
(425) 747-4YES

Youth Eastside Services - Lake Washington Branch

13009 - 85th
Kirkland, Washington 98033
(425) 747-4YES

KITSAP COUNTY

Cascade Recovery Center

9095 McConnel Avenue NW
PO Box 3452
Silverdale, Washington 98383
(360) 698-7267

Kitsap Mental Health Services

5455 Almira Drive Northeast
Bremerton, Washington 98310
(360) 373-5031

Port Gamble S'Klallam Tribe

31912 Little Boston Road Northeast
Kingston, Washington 98346
(360) 297-3412
Serves Native Americans Only

Suquamish Tribe Wellness Program

18465 – A & B Augusta Avenue
Suquamish, Washington 98392
(360) 598-3311, Ext 460

KITTITAS COUNTY

Cascade Recovery Resource Center

707 North Pearl St Suite D
Ellensburg, Washington 98926
(509) 933-4044

Klickitat County

Dependency Health Services

215 Rhine Village Drive
White Salmon, Washington 98672
(509) 493-3400

Dependency Health Services - Goldendale

112 West Main Street
Goldendale, Washington 98620-9286
(509) 773-5801

LEWIS COUNTY

Eugenia Center

249 Northwest Chehalis Avenue
PO Box 1371
Chehalis, Washington 98532
(360) 740-9767

LEWIS COUNTY CONTINUED

True North - Thurston ESD #113 - Offsite for Lewis County - Contact Main Agency

601 McPhee Road Southwest
Olympia, Washington 98502
(360) 586-2933

LINCOLN COUNTY

Lincoln County Alcohol/ Drug Center

510 Morgan
PO Box 152
Davenport, Washington 99122
(509) 725-2111

MASON COUNTY

(See Thurston County listing)

OKANOGAN COUNTY

Colville Confederated Tribes

Tribal Headquarters
Nespelem, Washington 99155
(509) 634-2600
Serves Native Americans Only

Colville Confederated Tribes-Omak Branch

500 Benton Street
Omak, WA 98841
(509) 422-7410 *Serves Native Americans Only*

Okanogan Behavioral Healthcare, Inc.

1007 Koala Drive
PO Box 3208
Omak, Washington 98841
(509) 826-5600

PACIFIC COUNTY

North Pacific County: True North--Student Assistance & Treatment Services

7219 Cleanwater Lane, SW, Building #14
PO Box 14339
Tumwater, Washington 98511-4339
(Head quarters)
South Bend, Willapa Valley (360-942-2006)

South Pacific County: Willapa Behavioral Health

2204 Pacific Ave N
PO Box 683
Long Beach, Washington 98631
Call: 360-642-3787

Shoalwater Bay Indian Tribe

2373 Old Tokeland Road, Building C
Tokeland, Washington 98590
(360) 267-3408
Serves Native Americans Only

PEND OREILLE COUNTY

Community Alcoholism Center

105 South Garden Avenue
PO Box 5055
Newport, Washington 99156-5055
(509) 447-5651

PEND OREILLE COUNTY CONTINUED

Kalispell Social Services – Usk

48641 SR 20
Usk, Washington 99119
(509) 445-1762
Serves Native Americans Only

PIERCE COUNTY

Community Counseling institute, Inc

2502 Tacoma Ave
PO Box 5305
Tacoma, WA 98415-0305
(253) 759-0852

Consejo Counseling & Referral Service

3513 Portland Avenue
Tacoma, WA 98404
(253) 385-1528

Foundation of Multicultural Solutions, Inc.

2316 S. State Street, Suite B
Tacoma, Washington 98405
(253) 572-3214

Puyallup Tribal Treatment Center

2209 East 32nd Street
Tacoma, Washington 98404
(253) 593-0291
Serves Native Americans Only

Puyallup Tribal Treatment Center - Chief Leschi School

5625 - 52nd Street East
Puyallup, Washington 98371
(253) 445-8000
Serves Native American Only

Remann Hall Alcohol/Drug Development

2209 east 32nd Street
Tacoma, WA 98404
(253) 864-4770

The Center (Metropolitan Development Council)

721 South Fawcett Avenue #203
Tacoma, WA 98402
(253) 593-2740

The Center East (Sumner) (Metropolitan Development Council)

1110 Fryar Avenue #B

The Center for Substance Abuse Recovery South(Lakewood Branch)

(Metropolitan Development Council)
8909 Gravelly Lake Drive #D
Lakewood, WA 98498
(253) 589-9662

SAN JUAN COUNTY

Compass Health.

520 Spring Street
Friday Harbor, Washington 98250
(360) 370-2669

SKAGIT COUNTY

ESD 189

Services for youth in Anacortes and Concrete,
Anacortes:(360) 299-2166
Concrete (temporary) (360) 299-401

Phoenix Recovery Services

2105 Continental Place, Suite C
Mount Vernon, Washington 98273
(360) 848-8437

Sea Mar Substance Abuse – Mt. Vernon

1010 East College Way
Mount Vernon, Washington 98273
(360) 428-8912

PIERCE COUNTY CONTINUED**Skagit Recovery Center - John King Recovery House**

1905 Continental Place
Mount Vernon, Washington 98273
(360) 428-7835

Upper Skagit Tribal CD Tx. Program

25959 Community Plaza Way
Sedro Woolley, WA 98284
(360) 854-7070
Serves Native American Only

SKAMANIA COUNTY**Skamania County Counseling Center**

683 Southwest Rock Creek Drive
Stevenson, Washington 98648
(509) 427-5684

SNOHOMISH COUNTY**Catholic Community Services – Everett**

2610 Wetmore
Everett, Washington 98201
(425) 258-5275

Catholic Community Services – Marysville

1227 2nd Street
Marysville, WA 98270
(360) 651-2366

Center for Human Services

Scriber Lake High School – Youth Only
Lynnwood, WA
(425) 431-5825

CHS- North Shore Stars (Youth Only)

22103 23rd Drive SE
Bothell, WA 98021
(206) 819-1641

SNOHOMISH COUNTY CONTINUED**North Shore Youth and Family Services (Youth Only)**

10309 NE 185th Street
Bothell, WA 98011
(425) 485-6541

Sea Mar Outpatient Treatment – Everett

1031 SE Everett Mall Way
Everett, WA 98208
(425) 609-5505

Sea Mar Outpatient Treatment – Monroe

909 West Main Street, Suite 102 A
Monroe, WA 98272
(360) 282-3901

Sea Mar Outpatient Treatment – Lynnwood

19707 44th Ave West, Suite 101
Lynnwood, WA 98036
(425) 977-2560

Stillaguamish Tribe of Indians

17014 59th Ave. NE
Arlington, Washington 98223
(360) 435-3985
Serves Native Americans Only

Tulalip Family Services**Treatment and Prevention Program**

2821 Mission Hill Road
Marysville, Washington 98271
(360) 716-4400

SPOKANE COUNTY**Camas Institute-Kalispel Tribal Program**

934 S. Garfield Rd
Airway Heights, WA 99001
(509) 456-0799

Daybreak of Spokane

960 East 3rd
Spokane, Washington 99202
(509) 444-7033

Excelsior Youth Center

3754 W. Indian Trail Road
Spokane, WA 99208 99208-4736
(509) 328-7041

N.A.T.I.V.E. Project

Alcohol/Drug Outpatient Program
1803 West Maxwell
Spokane, Washington 99201-2831
(509) 325-5502

Northeast WA Treatment Alternatives

1224 North Ash
Spokane, Washington 99201
(509) 326-7740

STEVENS COUNTY**Spokane Tribe of Indians****Substance Abuse Program**

PO Box 100
Wellpint, Washington 99040
(509) 258-7502
Serves Native Americans Only

Northeast Washington Alliance Counseling Services - Chewelah

East 301 Clay, Room 210
PO Box 905
Chewelah, Washington 99109-0905
(509) 935-4808

THURSTON/MASON COUNTY**BHR Recovery Services (co-occurring)**

3773 A Martin Way E
Olympia, Washington 98506
(360) 704-7170

Nisqually Tribal Substance Abuse and Prevention Program

4816 She-Nah-Num Drive SE
Olympia, Washington 98513
(360) 459-5337
Serves Native Americans Only

**Northwest Indian Treatment Center
Squaxin Island Tribal**

SE 70 Squaxin Lane
Shelton, Washington 98584
(360) 426-9781
Serves Native Americans Only

Providence St. Peter Chemical Dependency Center – Belfair (assessment & referral only)

24070 Highway #3 Suite A
Belfair, Washington 98528
(360) 277-0523 – 1-800-332-0465

Providence St. Peter Chemical Dependency Center – Shelton

2505 Olympic Highway North Suite 140
Shelton, Washington 98584
(360) 432-8692 – 1-800-332-0465

Providence St. Peter Chemical Dependency Center – Main

4800 College Street SE
Lacey, Washington 98503
(360) 456-7575 – 1-800-332-0465

Skokomish Hope Alcohol and Drug Program

North 80 Tribal Center Road
Shelton, Washington 98584
(360) 426-9781
Serves Native Americans Only

True North--Student Assistance & Treatment Services ESD 113

7219 Cleanwater Lane, SW, Building #14
PO Box 14339
Tumwater, Washington 98511-4339
1 (866) 204-2944
(360) 339-8100 ext. 1000

True North - ESD #113 - Mason

807 West Pine Street
Shelton, Washington 98584
(360) 427-2050

True North - ESD #113 - Yelm

1315 Yelm Highway
Yelm, Washington 98597
(360) 458-6233

WAHAKIYAKUM COUNTY**Wahkiakum Chemical Dependency Services**

42 Elochoman Valley Road
Cathlamet, Washington 98612
(360) 795-8630

WALLA WALLA COUNTY**Serenity Point Counseling Services
919 So. 2nd Avenue**

Walla Walla, Washington 99362
(509) 527-8451

WHATCOM COUNTY

Advanced Choices
2505 Cedarwood Ave., Suite A
Bellingham, WA 98225
(360) 725-3262

Catholic Community Services NW – Recovery Center

2806 Douglas Avenue
Bellingham, Washington 98225
(360) 676-2187

Lummi Counseling Services

2530 Kwina Road
Bellingham, Washington 98226
(360) 384-2330
Serves Native Americans Only

Nooksack Tribe Genesis II

6750 Mission Road
Everson, Washington 98247
(360) 966-7704
Serves Native Americans Only

Sea Mar Substance Abuse Service

4455 Cordita Parkway
Bellingham, Washington 98226
(360) 734-5458

Westcoast Counseling and Treatment Center

1200 DuPont, Suite 1A
Bellingham, WA 98225
(360) 647-7577

WHITMAN COUNTY**Palouse River Counseling**

Northeast 340 Maple Street, #2
Pullman, Washington 99163
(509) 334-1133

YAKIMA COUNTY

Casa de Esperanza

402 North 4th Street, Suite 300
Yakima, Washington 98901
(509) 453-9387

Dependency Health Services

401 S. 5th Avenue
Yakima, Washington 98902
(509) 248-1200

Dependency Health Services

1319 Saul Road South
Sunnyside, Washington 98944
(509) 837-2089

Merit Resources - Sunnyside

702 Franklin
PO Box 921
Sunnyside, Washington 98944
(509) 837-7700

Merit Resources - Toppenish

321 W. First Avenue
PO Box 366
Toppenish, Washington 98948
(509) 865-5233

Merit Resources - Wapato

312 West 2nd Street
PO Box 1067
Wapato, Washington 98951
(509) 877-7271

Merit Resources – Yakima

315 N. 2nd Street
PO Box 376
Yakima, Washington 98907
(509) 469-9366

Sundown M Ranch

2280 SR 821
Yakima, Washington 98901
PO Box 217
Selah, Washington 98942
(509) 575-8686

Yakama Indian Nation Comprehensive Alcoholism Program

302 Asotin
Toppenish, Washington 98948
(509) 865-5121
Serves Native Americans Only

**DBHR-FUNDED YOUTH RESIDENTIAL
CHEMICAL DEPENDENCY TREATMENT/DETOX SERVICES**

(Revised 12/2009)

DBHR-funded youth treatment and detox beds are open to youth regardless of county of residence. It is recommended that services be used closest to adolescent's home, when possible. See page 3 for definitions of treatment levels, services. See further program description information in certified treatment program listings in the DBHR Provider Directory

"Before I realized that I needed help I was living in a hotel using every day and did hardly go outside except to go sell drugs for one of my friends or to go pick up some drugs from the connection's and to go shoplifting. While I was doing these things I was acting like I enjoyed myself but deep down inside I was completely miserable and hated life. I was slowly climbing the scale of self-destruction and became very sick. I wanted to die and so I tried to kill myself and I ended up in detox and they sent me here or they tried to anyway because when I found out what this place was really like I packed up and left and hitchhiked to Wenatchee stayed at my grandma for a couple days then tried to hitchhike to California but I got drunk and turned myself in. I made an agreement to go to treatment if they did not send me to jail because I had like 6 or 7 probation violations and then I got an outstanding warrant for leaving the city while on probation and leaving with a court date still standing and so I came here."

"Today I feel like a million dollars I am happy to be alive and I look pretty good. I'm gaining weight. I can run more than half a city block without dying and I have 5 or 6 days until I'll be completely clean of any drug whatsoever in my body. I'm excited for life. I want to get out and go to school and graduate with my class, and become a respectable citizen get a good job and be really helpful to my family when they need me, and not running away from my problems. I feel like I can go back out to the real world without a huge head and not push the people who love me away. Since I've been here I've dropped my ego so far down that I don't think that could ever pick it back up to where it was when I first got here. I've learned that there is life after drugs and I really hope to stay sober when I get out."

Sincerely: James

CLARK COUNTY

Level II Facility

Daybreak Vancouver

2924 Falk Road
Vancouver, Washington 98661
(360) 750-9588
(14 DBHR Beds, Male Only)
All admission applications and pre-admission correspondence must go through the Daybreak Spokane office: (509) 624-3227.

KING COUNTY

Youth Detox/Stabilization Facilities

Lakeside Milam Recovery Center

10322 Northeast 132nd Street
Kirkland, Washington 98034
(425) 823-3116
(800) 231-4303 Toll Free

Recovery Centers of King County Detoxification Center

1701 - 18th Avenue South
Seattle, Washington 98144
(206) 325-5000

Level II Facilities

Lakeside-Milam Recovery Center

12845 Ambaum Boulevard Southwest
Seattle, Washington 98146
(206) 241-0890
(800) 231-4303 Toll Free
(5.55 DBHR Beds)

Sea Mar Renacer Youth Facility

10001 – 17th Place South
Seattle, Washington 98168
(206) 766-6960
(14 DBHR Beds, males, minority, primarily King County)

Ryther Child Center

2400 NE 95th Street
Seattle, Washington 98115
(206) 525-5050
(7.5 DBHR Beds - males) +

Safeco Safehouse Branch

Ryther Child Center
11729 ½ - 36th Avenue N.E.
Seattle, WA 98125
(206) 525-5050
(7.5 DBHR Beds - females)

PIERCE COUNTY

Fresh Start

4810 South Wilkeson
Tacoma, WA 98406
253-471-2782

Tacoma Detoxification Center

721 South Fawcett Avenue, Room 100
Tacoma, WA 98402
(253) 593-2413

Level I Facility

Sea Mar Adult Treatment – Tacoma

1415 Center Street
Tacoma, Washington 98409
(253) 627-2250
(2 DBHR Beds, Males 16 – 18, Monolingual families)

SKAGIT COUNTY

Youth Detox/Stabilization Facility

Skagit Recovery Center

John King Recovery House

1905 Continental Place
Mount Vernon, Washington 98273
(360) 428-7835

Recovery House Facility

Skagit Recovery Center -

John King Recovery House

1905 Continental Place
Mount Vernon, Washington 98273
(360) 428-7835
(17 DBHR Beds)

SPOKANE COUNTY

Youth Detox/Stabilization Facility

Community Detox Services

South 165 Howard Street
Spokane, Washington 99204
(509) 838-2771

Level I Facility

Healing Lodge of the Seven Nations

5600 East 8th Avenue
Spokane, Washington 99212
(509) 533-6910
(10 DBHR Beds)

SPOKANE COUNTY CONTINUED

Level II Facilities

Daybreak of Spokane

628 South Cowley Street
Spokane, Washington 99202
(509) 624-3227
(14.55 DBHR Beds)
(Secure – Males and Females)

Excelsior Youth Center

Starting Point
3754 West Indian Trail Road
Spokane, WA 99208-4736
(509) 328-7041
(10 DBHR Beds)
(Secure – Males Only)

Recovery House Facility

Excelsior Youth Center

Turning Point
3754 West Indian Trail Road
Spokane, Washington 99208-4736
(509) 328-7041
(11 DBHR Beds – Males Only)

THURSTON COUNTY

Youth Detox/Stabilization Facility

Providence St. Peter

Chemical Dependency Center

4800 College Street SE
Lacey, Washington 98503
(360) 459-8811

Level II Facility

Providence St. Peter Chemical Dependency Center

4800 College Street SE
Lacey, Washington 98503
(360) 459-8811
(7 DBHR Beds)

WHATCOM COUNTY

Level II Facility

SEA MAR / Visions

1603 East Illinois
Bellingham, Washington 98226
(360) 647-4266
(17) DBHR Beds, secure - Females Only)

Recovery House Facility

Sea Mar / Visions

1603 East Illinois
Bellingham, Washington 98226
(360) 647-4266
(6 DBHR Beds, Females Only)

YAKIMA COUNTY

Youth Detox/Stabilization Facility

Dependency Health Services (branch of
Central WA Comprehensive Mental Health)
401 South 5th Avenue
Yakima, Washington 98902
(509) 453-2900

YAKIMA COUNTY Continued

Level I Facility

Sundown M Ranch

2280 State Route 821
Yakima, Washington 98901
(509) 457-0990
(14 DBHR Beds)

Recovery House Facility

Sundown M Ranch

2280 State Route 821
Yakima, Washington 98901
(509) 457-0990
(2 DBHR Beds)

See Pages 3, 4 and 5 definitions of treatment levels and services.

See further program description information in the *DBHR Provider Directory* certified treatment program listing under each county.

For youth treatment at DBHR-certified private agencies that do not receive public funding, refer to the ***DBHR “Provider Directory”*** and find “YOUTH” under TREATMENT FOCUS of each listed agency.

Income Eligibility Guidelines
For State-Funded Youth Treatment
Division of Behavioral Health and Recovery

FAMILY SIZE	MONTHLY INCOME	ANNUAL INCOME
1	\$ 2,311	\$ 27,732
2	\$ 3,022	\$ 36,265
3	\$ 3,733	\$ 44,798
4	\$ 4,444	\$ 53,330
5	\$ 5,155	\$ 61,864
6	\$ 5,866	\$ 7,0397
7	\$ 6,000	\$ 71,997
8	\$ 6,133	\$ 73,597
9	\$ 6,266	\$ 75,197
10	\$ 6,400	\$ 76,797
Each Additional Member Add \$133		
80% of State Median Income Based on calendar year 2004 State Median Income		

NOTE: These income levels qualify families for **full** DBHR funding; *partial DBHR funding may be available for residential treatment for families with incomes above these levels.*

DIVISION OF BEHAVIORAL HEALTH AND RECOVERY
YOUTH RESIDENTIAL TREATMENT PROVIDERS

October 2009

**The Division of Behavioral Health and Recovery has youth treatment contracts
with the following providers for the 2009 - 2011 Biennium**

Level I

Sundown (Yakima)	(509) 457-0990	14 beds +	(Males and Females)
Fresh Start (PTS - Tacoma)	(253) 471-2782	15 beds	All Females, Pregnant, Parenting, Secure)
Healing Lodge of Seven Nations (Spokane)	(509) 533-6910	10 beds	(Primary Native Youth)
Sea Mar Adult Program (Tacoma)	(253) 627-2250	3 beds	(Males 16 – 18; mono-lingual families)

Level II

Providence St. Peter Hospital (Lacey)	(360) 459-8811	8 beds	(Males and Females)
Lakeside – Milam (Burien)	(206) 241-0890	8 beds +	(Males and Females)
Daybreak of Vancouver	(360) 750-9588	14 beds	(Males Only)
Daybreak of Spokane	(509) 624-3227	17 beds +	(Males and Females)
Sea Mar Visions (Bellingham)	(360) 647-4266	17 beds	(Females Only)
Ryther Child Center (Seattle)	(206) 525-5050	15 beds	(Separate M/F)
Excelsior Youth Center (Spokane)	(509) 328-7041	10 beds	(Secure; Males only)
Sea Mar Renacer (Seattle)	(206) 766-6960	14 beds	(Males only; priority minority youth King County)

*** Recovery House**

Skagit Recovery Center (Mt. Vernon)	(360) 428-7835	17 beds	(Males and Females)
Sundown (Yakima)	(509) 457-0990	2 beds	(Males and Females)
Excelsior Youth Center (Spokane)	(509) 328-7041	11 beds	(Males Only)
Sea Mar Visions (Bellingham)	(360) 647-4266	6 beds	(Females Only)

*** One Recovery House level; open to all appropriate youth from Level I, Level II Inpatient programs.**

+ Includes additional beds from Treatment Expansion funding.

“Hey I’m going to really miss all of you. You all have brought me along way believe it or not I just want to thank you guys for having the heart to be willing to help teens out like us. No matter how much hell ive put you guys through ill always remember you all – and always have you staff in my heart and love you guys for being here for me and helping me out. I use to hate you guys so much until I stopped to think you guys taught me how to respect people, myself, & that I don’t need drugs to live through life. Thanks so much to all of you for putting your time to us love always.” Phil

-Written to a staff member by a recovery house graduate.

CHILDREN

Seldom Remember ***What We Say,***
Often Remember ***What We Do,***
Always remember ***How We Make Them Feel.***

Notes